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INSTRUCTIONS FOR PREP WITH HALFLYTELY FOR COLONOSOPY

**READ CAREFULLY - DO NOT EXCEED RECOMMENDED DOSAGE -
SERIOUS SIDE EFFECTS MAY OCCUR**

TWO DAYS BEFORE SURGERY

Please read all instructions at least two (2) days before surgery. Your dosage schedule may be adjusted by your physician.

1. Take four (4) Dulcolax tablets at 6:00 p.m.
2. You will need to obtain HalfLyteLy bowel prep.
3. **HalfLyteLy bowel prep has been called into the pharmacy you have chosen.**

Note: Individual responses to laxatives do vary. This prep may cause multiple bowel movements and often works within 30 minutes but may take as long as three (3) hours. Please remain within easy reach of toilet facilities.

If you are taking medication (including aspirin or aspirin containing products) consult your primary care physician for additional instructions before beginning this procedure.

DAY BEFORE COLONOSCOPY

1. Drink only “**clear liquids**” for breakfast, lunch and dinner. Solid foods, milk or milk products are not allowed.

“CLEAR LIQUIDS” INCLUDE:

- Juice (apple, white grape)
- Clear broth (beef, chicken or vegetable)
- Tea and coffee (without milk or creamer)
- Water

All of the following that are not colored red or purple:

- Gatorade
- Carbonated and non-carbonated soft drinks
- Kool-Aid or other fruit flavored drinks
- Plain Jell-O without added fruits or toppings
- Ice popsicles

2. Prepare your HalfLyteLy as directed. Start drinking the mixed HalfLyteLy between 8 a.m. and 12 noon.
 - Drink one 8-ounce glass rapidly every 10 minutes (try not to sip).
 - If you feel bloated (full stomach) or nauseated, drink each portion more slowly and, if you need to, take a 20 to 30 minute break.

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- **Finish in 3 hours or less.**
- You can continue to drink other clear liquids in between or after drinking the HalfLyteLy.
- You will begin to have loose stools within 1 to 2 hours after you start drinking the HalfLyteLy. To decrease the discomfort and skin irritation around the rectum use wet wipes instead of toilet paper and place Vaseline around the rectum.

DAY OF COLONOSCOPY

- No liquids after midnight
- Take your normal medications with a sip of water
- Stop drinking clear liquids 3 hours before the procedure
- Bring your escort/driver with you to your appointment
- Arrive at your scheduled time