

# Kyle B Potts, M.D., FACS

General, Advanced Laparoscopic & Breast Surgery

Diplomat of the American Board of Surgery

*A Professional Corporation*

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## **INSTRUCTIONS FOR PREP WITH CLEAR LIQUID AND ANTIBIOTIC READ CAREFULLY - DO NOT EXCEED RECOMMENDED DOSAGE - SERIOUS SIDE EFFECTS MAY OCCUR**

### **TWO DAYS BEFORE SURGERY**

Please read all instructions at least two (2) days before surgery. Your dosage schedule may be adjusted by your physician.

1. Take Dulcolax as directed.
2. \_\_\_\_\_

If you are taking other medication (including aspirin or aspirin containing products) consult your primary care physician for additional instructions before beginning this procedure.

### **DAY BEFORE SURGERY**

1. Drink only “clear liquids” for breakfast, lunch and dinner. Solid foods, milk or milk products are not allowed.

#### **“CLEAR LIQUIDS” INCLUDE:**

- Juice (apple, white grape)
- Clear broth (beef, chicken or vegetable)
- Tea and coffee (without milk or creamer)
- Water

All of the following that are not colored red or purple:

- Gatorade
- Carbonated and non-carbonated soft drinks
- Kool-Aid or other fruit flavored drinks
- Plain Jell-O without added fruits or toppings
- Ice popsicles

2. Take Flagyl 1.0 gram and Neomycin 1.0 gram each at 2 p.m., 3 p.m. and 11 p.m.

### **DAY OF SURGERY**

- No liquids after midnight
- Take your normal medications with a sip of water
- Stop drinking clear liquids 3 hours before the procedure
- Bring your escort/driver with you to your appointment
- Arrive at your scheduled time

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