

Kyle B Potts, M.D., FACS

General, Advanced Laparoscopic & Breast Surgery

Diplomat of the American Board of Surgery

A Professional Corporation

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INSTRUCTIONS FOR PREP WITH HALFLYTELY READ CAREFULLY - DO NOT EXCEED RECOMMENDED DOSAGE - SERIOUS SIDE EFFECTS MAY OCCUR

TWO DAYS BEFORE SURGERY

Please read all instructions at least two (2) days before surgery. Your dosage schedule may be adjusted by your physician.

1. Take four (4) Dulcolax tablets at 6:00 p.m.
2. **HalfLyteLy bowel prep and pre-operative antibiotics have been called into the pharmacy you have chosen. Please pick them up.**

Note: Individual responses to laxatives do vary. This prep may cause multiple bowel movements and often works within 30 minutes but may take as long as three (3) hours. Please remain within easy reach of toilet facilities.

If you are taking medication (including aspirin or aspirin containing products) consult your primary care physician for additional instructions before beginning this procedure.

DAY BEFORE SURGERY

1. Drink only “**clear liquids**” for breakfast, lunch and dinner. Solid foods, milk or milk products are not allowed.

“CLEAR LIQUIDS” INCLUDE:

- Juice (apple, white grape)
- Clear broth (beef, chicken or vegetable)
- Tea and coffee (without milk or creamer)
- Water

All of the following that are not colored red or purple:

- Gatorade
- Carbonated and non-carbonated soft drinks
- Kool-Aid or other fruit flavored drinks
- Plain Jell-O without added fruits or toppings
- Ice popsicles

2. Prepare your HalfLyteLy as directed. Start drinking the mixed HalfLyteLy between 8 and 9 a.m.
 - Drink one 8-ounce glass rapidly every 10 minutes (try not to sip).
 - If you feel bloated (full stomach) or nauseated, drink each portion more slowly and, if you need to, take a 20 to 30 minute break.
 - **Finish in 3 hours or less.**

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- You can continue to drink other clear liquids in between or after drinking the HalfLyte.
 - You will begin to have loose stools within 1 to 2 hours after you start drinking the HalfLyte. To decrease the discomfort and skin irritation around the rectum use wet wipes instead of toilet paper and place Vaseline around the rectum.
3. Take Flagyl 1.0 gram and Neomycin 1.0 gram each at 2 p.m., 3 p.m. and 11 p.m.

DAY OF SURGERY

- No liquids after midnight
- Take your normal medications with a sip of water
- Stop drinking clear liquids 3 hours before the procedure
- Bring your escort/driver with you to your appointment
- Arrive at your scheduled time