

Kyle B Potts, M.D., FACS

General, Advanced Laparoscopic & Breast Surgery

Diplomat of the American Board of Surgery

A Professional Corporation

805 W. Acequia, Suite 2A

Visalia, California 93291

Tel: (559) 738-0450 ~ Fax: (559) 738-0460

Pre-Operative Information Sheet Sequoia Surgery Center

You have been scheduled for the following operative procedure: _____
_____ on _____.

If you have pre-operative labs or studies these will be completed at KATS before your surgery. An order sheet will be faxed by our office. Please make sure you complete this lab work promptly so your surgery can proceed without delay. For some patients a pre-operative evaluation by the anesthesiologist or cardiologist will be necessary. This will be arranged by our office.

The following instructions are important to follow in order for you to have a problem free surgery and hospital stay:

- ◆ Nothing to eat or drink after midnight, the night before your surgery.
- ◆ Certain medications can cause excessive bleeding. These include, but are not limited to, the following: Aspirin, Ibuprofen(Advil, Motrin), Naproxen(Aleve, Anaprox, Naprosyn), Diclofenac(Arthrotec, Cataflam, Voltaren), Valdecoxib(Bextra), Sulindac(Clinoril), Oxaprozin(Daypro), Diflunisal(Dolobid), Piroxicam(Feldene), Indomethacin(Indocin), Meloxicam(Mobic), Nabumetone(Relafen), Rofecoxib(Vioxx), Ketorolac(Toradol) and Celecoxib(Celebrex). If you are unsure, please ask your physician. You should stop these medicines one (1) week before your surgery date.
- ◆ If you are on other blood thinning agents such as coumadin or plavix please tell Dr. Potts.
- ◆ If your surgery requires a bowel cleansing, the instructions will be included. Please follow these instructions carefully.
- ◆ If you are to have a procedure on a specific side of your body (i.e. right hernia repair), it is okay to mark this side with a washable pen on the night prior to surgery.
- ◆ If you are on medications for high blood pressure or heart disease, it is okay to take these with a sip of water early on the morning of your surgery.
- ◆ Someone from the Sequoia Registration Department will call you prior to your scheduled surgery date to verify information and discuss your check-in procedure. If you have any questions, please feel free to contact the registration desk at (559) 740-4094. For all inpatient and outpatient surgery, you must have a ride home. You will not be able to drive for 48 hours after general anesthetic or IV sedation. Also, you cannot drive while on narcotic medication.
- ◆ Dr. Potts will come out to the Family Waiting Room immediately after the procedure to talk with your family.
- ◆ **POST-OPERATIVE PRESCRIPTION(S) HAVE BEEN CALLED INTO YOUR CHOSEN PHARMACY. PLEASE PICK UP PRIOR TO THE DAY OF SURGERY.**

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